

Pathway



“Making New and Stronger
Disciples of Jesus Christ”

February 14, 2012
Volume 2012 3rd Edition

College Chamber Choirs

Sunday,
February 19th at
4pm



The Chamber Choir of San Diego State University will be joined by the nationally acclaimed Chamber Singers of Riverside Community College. The newly formed SDSU Chamber Choir is the premier choral ensemble on campus and is under the direction of Dr. Patrick Walders. The ensemble is primarily composed of music majors with an emphasis on vocal performance and education. The Chamber Singers of RCC under the direction of John Byun recently made appearances in back to back American Choral Directors conferences in Tucson (regional) and Chicago (national) in which they were the only Junior College to be invited.

Details:

San Diego State University Chamber Choir
Dr. Patrick Walders, Director
Riverside Community College Chamber Singers
John Byun, Director
Sunday, February 19th at 4pm
Child Care available
No admission charge
Reception to follow
Free-will offering to be collected.

Drivers and Loaders Needed Good Neighbor Center Delivery

On the last Sunday of February, (the 26th) we'll be needing some volunteers to load all of our generous donations of rice and beans into several cars of volunteer drivers to be taken to the Good Neighbor Center in Nestor (approximately a 15 -20 minute drive from FUMC). If you are interested in helping by loading and/or driving to the GNC, please call or email Caroline Dale at 619-916-1780 or caroline.a.dale@gmail.com. Thanks!



About 40 women came together & enjoyed a mini retreat Feb 3-4. We dined on terrific food, sang wonderful songs & were led in worship by Pastor Phyllis Ashe.

FORMS OF PRAISE ARE

- Towdah ~ Sacrifice of Praise
- Yadah ~ Lifting Hands
- Barouch ~ Bowing down
- Shabach ~ Shouting
- Zamar ~ Playing instruments
- Hallel ~ Raving & Boasting about the Lord's wonders
- Tehillah ~ Singing, shouting & dancing.

It was All Good!!

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NEW: FUMC-CV Counseling Center

First United Methodist Church, Chula Vista is pleased to announce that we now have counseling services available on our campus. Three therapists make up the Counseling Center staff. As caring mental health professionals, we offer our services to individuals, couples and families in an inclusive manner.

You may contact our Counseling Center for an appointment, speaking engagement, or questions by calling (619) 333-6444.

Counseling Services Include: Marriage, Parenting, Fertility, Depression, Anxiety, Life Transitions, Grief, Bereavement, Chemical Dependency, Co-dependency, Trauma & Stress, Serious & Persistent Mental Illness, Faith & Spirituality, Psychological Testing & assessment, & Other needs.

Melinda Stenberg, Psy.D., Director (PSB 36218)

Psychological Assistant to Kathleen Durning, Ph.D. (# PSY 5842)

Dr. Melinda Stenberg has 20 years of experience working with individuals with special needs and their families. As a Board of Psychology Registered Psychological Assistant and a State of California Certified Special Education Specialist, Dr. Stenberg has worked in a variety of schools, counseling centers, crisis centers, and private practices in San Diego County.

Dr. Stenberg holds a Doctor of Psychology Degree, a Master of Counseling Psychology, and a Master of Special Education. She is currently pursuing licensure as a Clinical Psychologist.

Dr. Stenberg's counseling experience includes working with men, women, children, adolescents, and families learning to cope with a wide range of issues; including marital counseling, parenting, aging, school problems, serious illnesses, substance abuse, depression, anxiety, grief, bereavement, domestic violence, bipolar disorders, and other serious mental illnesses.

Dr. Paul Fisher (LMFT#23779)

Joining the staff at our church's counseling center is Dr. Paul Fisher. Dr. Fisher is an ordained Pastor, and a licensed counselor in the state of California. He is currently serving as Campus Pastor, and as a professor at Southern California Seminary in El Cajon. Dr. Fisher is also a certified facilitator for Domestic Violence groups in San Diego, and has several groups he works with each week. He is married to Olga, and they have two boys in college.

Dr. Fisher was licensed in 1986, and has specialized in counseling teens, couples, individuals with a variety of addictions including alcohol and pornography, as well as therapy for depression, anxiety, stress, low self-esteem, anger reduction, issues of faith and spiritual growth, grief and loss, helping those dealing with regret and shame, and those who have suffered from verbal, physical and sexual abuse. Dr. Fisher incorporates prayer and Scripture into his

Counseling Center contd:

Carla Ramirez, MFT Intern

Carla Ramirez earned a Masters of Arts degree from Argosy University San Diego in Counseling Psychology with an emphasis in Marriage and Family Therapy. Carla also holds a bachelors degree in Psychology and a Child Maltreatment and Family Violence Certificate from California State University, Los Angeles. Carla has worked with children, infants, adolescents, and their families for ten years in various settings including group homes, learning centers, early intervention programs, and schools. Carla recently completed an internship at San Diego Hospice and the Institute for Palliative Medicine conducting individual and family Bereavement therapy. While completing her intern program at San Diego Hospice Carla also conducted and co-facilitated group counseling.

Carla Ramírez recibió su Maestría en Psicología con énfasis en terapia matrimonial y familiar de la Universidad de Argosy en San Diego. Carla también recibió su bachillerato en psicología y un certificado en Tratamiento de abuso infantil y violencia domestica de la Universidad Cal State Los Ángeles. Carla lleva diez años trabajando con niños, adolescentes, y con padres de familia en varios lugares que incluye centros de aprendizaje, escuelas, y hogares para niños y adolescentes que han sufrido abuso. Recientemente Carla completo una practica educativa en el San Diego Hospice (organización que atiende personas desahuciadas) conduciendo terapia individual, terapia de familia, y atención psicológica a personas que sufrían por la pérdida de un ser querido.

The Counseling Center staff will be at all four services on Sunday, February 26 to introduce themselves and share more information.

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HAVE YOU HEARD THE GOOD NEWS OF JESUS CHRIST? IF NOT, DOWNLOAD OUR FREE APP AND IT WILL TELL YOU ALL ABOUT IT

2 *Pathway Article Deadline: 20 February 2012*

Inquirer's Course

Feb 26th 4:30 pm

New to FUMC.CV?

Been here a while and looking for new way to get connected? Just want a refresher on the basics? If you answered yes to any of these questions the Inquirer's Course is for you. This course will cover a number of topics that will provide a very good overview of Christianity from a Methodist perspective and give you just the information you need in order to take your next steps with God and/or with this Church.

Sessions on: Our Church & Denomination; The Bible; Spiritual Gifts; Spiritual Disciplines; and Next Steps...involvement, membership & more. Each session will contain both presentation and discussion opportunities. Through this is not a "membership class" it is a pre-requisite for membership here at FUMC.CV
Led by Pastor Brian & Steve Letchworth (one of our Lay Leaders)

HOW TO REGISTER

To register please call the church office or sign up on the patio or online (www.firstchurchcv.com—Services/Adult Discipleship classes.

Classes may be postponed or cancelled due to low pre-registrations.

Be sure to indicate your need for childcare when you register for classes

Sunday Worship

Worship is an opportunity to connect with God celebrating what God has already done in & through us and a time to gain strength & wisdom for the journey ahead. We have four venues for worship each Sunday @ FUMC CV.

8:00 am - Daybreak with weekly Communion (casual, relaxed, thoughtful... A great way to begin your Sunday)

9:30 am - Sounds of Grace (a vibrant classical worship service with the Choir)

11:00 am - The Crossing (an emerging worship community with a fresh sound from the house band & thoughtful teaching from the lead pastor)

11:00 am - Worship in Spanish

Childcare (up to age 3) is available in the Nursery for all worship services and a Cry Room is located in the East Transept of the Sanctuary for your convenience.



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www.firstchurchcv.com

www.facebook.com/fumccv

1st United Methodist
Church Chula Vista

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619 656-2525

Lenten Studies 2012



Wednesday Nights — 6:30-7:30 pm

Feb 22—March 28, 2012

Good Living, Good Dying

A six week class giving participants an opportunity to look at their lives in relationship to their walk with Christ. The goal is to create an open space where we can share what our lives can or have given to a world so busy and share what that life means in light of resurrection and eternity. This class is not for those who believe that they only have a short time to live but for those who, like Christ, want to live a grace-filled life. We will be looking at care for the elderly with a visit from someone from Hospice and a care facility as well as what God calls us to as a possible caregiver or supporter for those who suffer. We'll look at our own lives and what we celebrate in life as well as our "Bucket List". In the end we will be able to talk about death in a new light and develop a plan for those who love us. This class will take on the character of the participants as we look at Lent in a fresh new way.

Led by Judy Helton Room 212

The Last Week

Let us follow Jesus through this time of Lent to prepare ourselves for Easter. We will listen to his teaching as he walks toward the cross and to an event that has changed the world forever: the defeat of our final enemy, death.

Led by Hal Kingsley, Room 216

"Mosaic - When God uses all the pieces"

by Shane Stanford

Examine how the God of the universe uses the broken pieces of our lives to reframe our purpose, turning our discarded hopes and dreams into something beautiful and useful. A mosaic in which God uses all of the pieces.

The author says, "This journey will take us along the same path Jesus walked in the days surrounding his journey to Jerusalem. We will see the similarities to our own stories as well as the lessons we should pick, like pebbles along the path."

We will use six sessions of study. Each lesson includes a key Scripture reference, a brief reading, questions for reflection or discussion, a brief prayer, and guided helps for daily Scripture reading and additional reflection in the coming week. **Women's Ministry.** Led by Eileen George. Discovery Center. **Purchase book prior to class from Amazon.com or Cokesbury.com \$9.00**



Men's Ministry class will use the DVD series

Final Words from the

Cross by Adam Hamilton.

See description below

Led by Dave Balk, Disciples Lounge



The Library Class will use the DVD series

Final Words from the

Cross by Adam Hamilton.

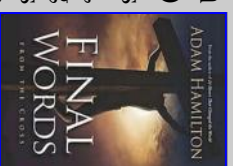
See description below

Led by Tyrus Woodard, Library



Final Words: From the Cross DVD

[Adam Hamilton](#), in this inspiring DVD series, examines Christ's dying hours and his final words as seen and heard through the eyes and ears of those who stood near the



This small-group study DVD will use six teaching sessions featuring Hamilton providing fresh insight into Jesus' final words at the cross through the perspective of those who witnessed the crucifixion.

Join either the Men's Ministry or the group that meets in the Library for this Lenten study.

1st United Methodist Church
1200 East H Street
Chula Vista CA 91910
619 656 2525

Men's Ministry

Men's LIFT Group: Men's lift group meets on Wednesday afternoons at 5:00pm in the Disciples Lounge. Accountability Group.

Men's Bible Study (Resumes January 18th)

We meet Wednesday nights at 6:30 in the Disciples Lounge, of which is upstairs in the Fellowship Hall building. We will be starting new series on the life and ministry of John Wesley. Great series, don't want to miss this.

3rd Thursday Breakfast (Feb.16th)

We meet the 3rd Thursday of each month, 9:00am at the Galley at the Marina, located at 550 Marina Parkway - off West J Street in Chula Vista. For more info, contact Tom Snow at 216-6906

God's Extended Hand Ministry

2012 Dates: March 29th, May 31st, August 30th, November 29th
The Men's Ministry is scheduled to provide the message at the God's Extended Hand at 6:00pm on the 5th Thursday of the month.

Men's Retreat March 16-18, 2012

You will want to join us for men's retreat this year, the theme is "Will You Go?" Retreat will be co-lead by Rev. John Farley, Lead Pastor from Foothills UMC and Pastor Brian Parcel. Cost of retreat will be \$150 if paid in full by January 15, 2012, \$160 if paid after

Contact Dave Balk for additional questions @ 420-6531

Women's Ministry

3rd Thursday Breakfast (Feb.16th) We meet the 3rd Thursday of each month, 9:00am (same time as our guys, but, outside, under the heaters & sun) at the Galley at the Marina, located at 550 Marina Parkway - off West J Street in Chula Vista. For more info, contact Lynda Reynolds 426-5546.



Mar. 3rd Sat. Morning Breakfast: Meet in Fellowship Hall @ 9:00 for a light breakfast & fellowship. Donation \$6.00

Thank you!

On behalf of the Trustees and Congregation we would like to thank the Preschool board and its directors for painting the parking lot lines.

I wish to extend my sincere appreciation for all the cards, notes & food & many ways in which you reached out to us during the time of Bill's passing & celebration of life service. I have been richly blessed by the love & concern of my awesome church family. Blessings to all, Ginny Fleming & Family

Thank You to all Rubio's fans! Due to your support we now have \$200 toward the upgrade of room 212. We had over 50 tickets at Rubio's on Jan 29th. That is a great show of support. The Trustees and the Adult Discipleship team say **THANK YOU!** for your participation.

GOOD BY! Our dear friend, Helen Swink, has moved to Oklahoma. We will miss you so much! Call the office for

In Memoriam

ThoraJo Jervey suddenly passed away at home Sunday evening, January 30th. Thora was the wife of Rev. Dr. Ed Jervey of Radford, VA and the daughter of one of our former pastors and his wife, Rev. Joe and Evelyn Thompson. Many members will fondly remember this family from their time in ministry in Chula Vista.

Condolences can be sent to Ed at, Rev. Dr. Edward Jervey, 135 Greenbriar, Radford, VA 24141 and/or her brother Toby at, Dr. Toby Thompson, 1207 Cedar Ave., Albert Lea, MN 56007 .

Toby has asked that anyone with a favorite story about ThoraJo to please mail it to him or send by email at marto-paz@deskmedia.com. He would like to share these memorable stories at Thora's memorial service. Inurnment will take place in Virginia

Let's Pray For

LONG TERM CARE Mike Allen, Esther Maier, Beth Ablola, Julio & Rosa Lozano (Alicia Bautista's Uncle), Crystal Vail, John and Esther Natividad, Bill Rinner, Carmen & Angel Caguaiat, Cecilia Moldonado, Lynn DelaRosa, Yoly & Bill Cyr.

IMMEDIATE CONCERNS Andrea Acosta; Angie & Jayson del Pilar; Anne Nagy; Arnel Miguel; Ashley; Aunt Debbie; Aunt Violet; Baily & Susie Garcia; Candy, Tiffany, Rosemary, Danielle & Chris Scott; Carolyn Roeters; Danielle Deana Gregory & Family; Ditus; Christy & Ramon Vasquez; ; Family & Friends of John & Wanda Casias; Family of Hugh Kirkwood; Family of Aaron Wooten; Family of Norma Redmond; Family of Rhonda Valencia; Family of Sylvia Peters Miller: Frances Bordenave; Frank Carson; Gabi Hayes; Hugh Burns; James Kolar (Joy); James & Jennifer Olschlager, Janice T.R.; Jenny Haden; Jamie Nieto; Janice & Rick Hayes (Joy); Janine Allen; JuviLynn LaCuesta; Kathleen Milton; Kahleen Roseberry (Joy); Kay Merton; Kevin & Camille Williams; Kris & Dennis Bubok; Kristin Williams; Leanne, Megan & Donna Salas; Lee & Sue Bennett; Linda Noble; Marilyn Evans; Marissa Williams; Megan Salas; Merced Castro; Miick & Nicholas Stenberg; Minique Quimlet; Mireya Sixsmith; Monica Baum; Nadja Libbertz; Nancyy Rinner; Phillip Nittolo; Rob Calderhead; Rodel Sera; Sarah Krueger; Staff of Salt Creek Recreation Center; Steve Scott; Steve & Barb Curie; Stephen Kirkwood; Sue Bennett; Sylvia Jardine; The Regeneration Class; Uncles Joe & Danny; Victor Nittolo; Wilma; Youth Group;

DEPLOYED MILITARY & THEIR FAMILIES Arnold Ramos, Arturo Cruz, Billy Christensen, Brenda Walker, Charles Smith, David Dauz, Don Mann, EODMU 11 Platoon, Francisco Bocanegra, Jason Davenport, Jason Espinosa, Jason Eusebio, Jessica Gabbert, Joseph Dale, John Pienkowski, Johnathan Kingsley, Julie Jamieson, Keith Reed, Mario Gutierrez, Mike Griffus, Manuel Xavier, Mark Sheffield, Michael Caballero, Michael Miller, Owen Morrissey, Rick Hayes, Scott Murphey, Sean Arroyo, Teresa Elders, Will Jamieson

Pathway (USPS 953400) is published semi-monthly by the First United Methodist Church of Chula Vista, 1200 East H Street, Chula Vista, CA 91910-7728. Office hours: 9am-5pm Mon-Fri. Articles deadline: 1st & 3rd Mondays. Mailed: 2nd & 4th Tuesdays. Periodicals paid at Chula Vista, California. POSTMASTER: Send address changes to Pathway 1200 East H Street, Chula Vista, CA 91910.



First United Methodist Church of Chula Vista

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Rev. Brian Parcel: Senior Pastor
Rev. Luis Garcia: Associate Pastor / Ministerios en Español

~NURSERY AND CHILD CARE ARE AVAILABLE DURING WORSHIP AND ON WEDNESDAY NIGHTS~

SUNDAY WORSHIP

8:00am *Day Break*
9:30am *Sounds of Grace*
11:00am *Crossing*

SUNDAY SCHOOL

9:30am *Children/Youth/Sfulyd*
10:30am *Adults*

MINISTERIOS EN ESPAÑOL

Escuela Dominical 10:00am
Reunión de Alabanza 11:00am

WEDNESDAY NIGHT SPECIAL

6:30pm *Classes & Studies*

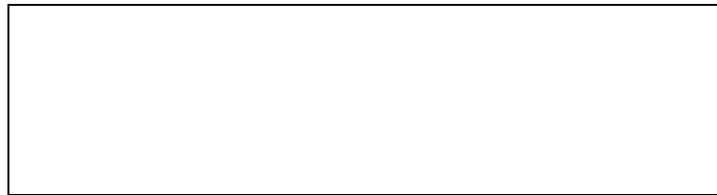
CHAPEL PRAYER / MEDITATION

4:00—8:00pm *Daily*
4:00—6:00 *Wednesday only*

First United Methodist Church
1200 East H St
Chula Vista, CA 91910

Periodicals rate

Address Service Requested
Dated Material



Being a Disciple

29 January 2012

2 Kings 5:1-14

Psalms 30

1 Corinthians 9:24-27

Mark 1:40-45

[1 Cor 9:25] Athletes exercise self-control in all things; they do it to receive a perishable wreath, but we an imperishable one.

Challenge: This week exercise self control in all things.

Be still and know that I am God.

Be still and know that I am.

Be still and know.

Be still.

Be

5 February 2012

2 Kings 2:1-12

Psalms 50:1-6

2 Corinthians 4:3-6

Mark 9:2-9

[Mark 9:7] Then a cloud overshadowed them, and from the cloud there came a voice, "This is my Son, the Beloved; listen to him!"

Challenge: This week take God's request to listen to Jesus seriously.

Let us Pray